

MINDFUL MONDAY JANUARY 29th
“He touched me and made me whole.”

We were given a beautiful message today from Pastor Jason and he gave us a challenge. A challenge to “touch Christ” much like the brave woman who reached out and touched the cloak of Jesus. She believed, and she was healed after suffering twelve years of bleeding. We were given four ways to reach out and touch Christ. (I’m paraphrasing so for the full message be sure to listen to the sermon on YouTube if you missed it)

- **Give God a chance**, take everything to God and pray. Hold nothing back and dare to be honest.
- **Believe that God can hear us**. Believe that God listens to our prayers and he cares.
- **Be patient**. This is hard for some of us. Prayers are not always answered immediately.
- **Do what God tells you** when an answer is provided.

God is powerful, God is here for us, and we only need to trust and believe. How do we get started? PRAY! Each week we send out this Mindful Monday email to help lift up those that are in need of prayer or that we rejoice in prayer. May we find more opportunities to come to the Lord in prayer. Let us find time daily to reach out and give it all to God.

And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces and begged him that they might touch even the fringe of his cloak, and all who touched it were healed. Mark 6:56

Today we prayed for healing for Ken, Clarence, Steph, and Connie. May they feel Your strength, Lord.

We rejoice in the celebration of Reagan’s first birthday.

We continue to pray for Perry.

After church we received word that Virginia Thomas is in the hospital. She has been having trouble with her heart. We had sent out an email to send cards to her for her birthday this week. If you are able to please send a card and encouraging words to her. Please pray for her and her family.

We pray for our prayer list; Lorraine, Craig, Judy, Floyd & Dona, and Joanne

This week’s Upper Midwest Regional Prayer Calendar lifts up the following congregations, pastors, and ministries. Please pray for the following;

Luther Christian Church, Maxwell, IA, Gary Cummings

New Beginnings Christian Church, Urbandale, IA, Heather Wachendorf, Jason Ellingson,

Community Ministry, Hillary Welborn, Children & Youth

John Bolen

Connie Wacht

Micheal Carlson

Christian Church in North Carolina