Thoughtful Thursday, July 10, 2025

Waiting in the Doctor's Office

Wednesday morning, my significant other had an appointment for some medical testing. It required an early wake up, followed by a relatively early check in at the medical facility.

Waiting, as I was, can be an interesting adventure for people watching. Adults and children went by, hurrying to make it to their appointment. Where I was waiting, in the Cardiology Department, it was quiet, patients were being called back to see the provider, and then scurried by when they were finished. One patient was in a wheel chair and was being pushed by a family member. She was quite frail. She was absolutely certain that she had an appointment today. I heard her tell the registration person, "I made it a month ago." When the registrar could not find her on the schedule, she was politely escorted to another part of the clinic, and left quietly shortly thereafter.

The department was like a well-oiled machine. People checking in, waiting to see their provider, completing their appointment, and then leaving. Some rushed quickly out of the clinic, others stopped to make follow-up appointments. I took note of the fact that none of them seemed sad, scared or even anxious. That struck me as interesting, since being the type of office that it is, someone might have received some bad, or unexpected news.

How do you handle unexpected news? Especially if it is bad news? Psalms 112:7 states, "They will have no fear of bad news; their hearts are steadfast, trusting in the Lord".

Good news might be associated with Psalms 3:5, "I lie down and sleep all night long. The Lord protects me."

In good times and bad, in health and sickness, God is always with us. We may stumble and fall, but He will pick us up. He rejoices with us. When we turn our troubles over to God, He will comfort and guide us and give us strength to stay the course.

Jeff Zaugg's mom Dorothy passed away Wednesday afternoon. At this time the arrangements have not been made. We continue to pray for those on our prayer list and others in the congregation with health issues. The regional office has requested that we pray for Luther Christian Church, Maxwell, Gary Cummings and Jerry Thordsen. New Beginnings Christian Church, Urbandale, Heather Wachendorf, Juanita Scriven, Jason Ellingson, Jacqueline Morgan and Hillary Welborn. Office of General Minister and President - is responsible for the pastoral care and nurture of the Christian Church (Disciples of Christ).

Sunday is the congregational meeting and potluck following church. Pastor Doug's sermon is titled, "Look Up"! The scripture is Colossians:1-4, Key Word =3, In this worship service, we consider a description of the Church in the Bible points us to always focus on God, looking up in all of our circumstances.