

MINDFUL MONDAY JANUARY 22nd

'It is *God* who arms me with strength, and makes my way perfect.' Psalm 18:32

On Sunday we heard about God's strength and power through Pastor Jason's message. There are many times when we may feel not worthy or unable to live up to the life of a Christian. This doubt can wreak havoc on us mentally. We may relate to the possessed man. Let us use the power and strength of God to feel worthy, to know that the path we follow is perfect if we find ways to serve God. May we all feel God's power and love along our way. Please join in prayer this Mindful Monday.

We pray for those suffering with different health ailments and sicknesses that are going around. We pray for good health and healing.

We pray for Perry. Lord give this community power and strength. May they feel the love and prayer that is spoken for them.

We pray for those who we mentioned in our prayers this morning; Judi, Merle, Miranda, Steff, Kaitlin and Jonathan's in-laws, and those on our prayer list, Lorraine, Judy, Craig, JoAnne, Floyd & Dona, and Virginia. We pray for Your hand in their health and may our prayers be lifted so that they may feel Your presence.

From this week's Upper Midwest Regional Prayer Calendar, we pray for the following churches, pastors, and ministries of the General Church.

Deep River Christian Church, Deep River, IA, Larry Naylor

First Christian Church, Mason City, IA, Paul Boostrom

Steve Wainwright

Brent Cantrell

Justin Carlson

Christian Church, Northeast Region – includes churches in Connecticut, Maine, Massachusetts, New Jersey, and New York