

Mindful Monday July 7, 2025

A new chapter in the history of Mitchellville Christian Church has been opened. On Sunday, Rev. Dr. Doug Pfeiffer, our new pastor, shared the message, "Just What You Need". The scripture was Mark 12: 29-31.

These passages emphasize the two greatest commandments: to love God with all of your being, and to love your neighbor as yourself. These commandments, given by Jesus are foundational to Christian faith and practice, outlining the core of a relationship with God and others. They highlight the importance of both loving God wholeheartedly and expressing that love through selfless action towards others.

Pastor Doug shared with us an example of loving another that occurred during his recent biking and hiking vacation in South Dakota. He and his wife were on a hike and encountered a mother and daughter hiking together. Doug and his wife determined that the other hikers were dehydrated and lacking adequate nutrition...not the Pringles and another pantry staple with no protein value kind of nutrition. His wife opened her Camelback and gave them water, while Doug gave them some proper, while not very tasty, appropriate nutrition for hiking. While the people they helped might not be classified as a "neighbor" in the sense of being in our immediate neighborhood, they are still God's children. Pause and think about that. Their kindness likely assured that the other hikers would be able to make it to the end of the trail, and then "fill their bucket". With this action, they would have been able to get where they could get needed help. Who is your neighbor? Are you following God's commandment to love Him and your neighbor wherever they are, as yourself? Filling your bucket is a reference to taking the time you need to take care of yourself, before taking care of others. That is something that happens frequently to those of us who put others needs before our own. We should remember that God is first, we are second, and taking care of others follows. Many, myself included, struggle with that concept,

Pastor Doug will be in the office this week on Wednesday and Thursday afternoons. He may be reached at 515-720-0689. Please give him a call to set up a time to stop in and get acquainted.

We are praying this week for the families affected by the flooding disaster in Texas. We are also praying for these members of our congregation. The Fink family, Jerry & Bea Gilliland, Judy Hekm-Burns, David Ingram, Todd Jansen, Joanne Reiman, Floyd & Donna Seiberling and the Zaugg family. Jeff's Mom is in hospice care in Sioux Falls, SD.

Have a good week. Look for another message on Thursday.